



### PHYSICAL EDUCATION AND SPORT PREMIUM FUNDING: 2022/2023

For the academic year 2022-2023 the estimated funding is £16,000 plus an additional £10 per pupil in Years 1-6. The school will receive a total of: £ 20,240

The table below indicates how the PE and sport premium funding will be spent and the sustainable impact that it is intended to have in relation to five key strands:

- **Strand 1:** The engagement of all pupils in regular physical activity is increased. (Chief Medical Officer's guidance is for all primary school aged pupils to spend 60 minutes a day engaged in physical activity, of which 30 minutes should be in school)
- **Strand 2:** The profile of PE and sport is raised across the school as a tool for school improvement
- **Strand 3:** All staff have increased knowledge and skills in teaching physical education and sport.
- **Strand 4:** A broader experience and range of sports and activities is offered to all pupils.
- **Strand 5:** There is increased participation in competitive sport.

Strand number	Activity/resource	Expenditure	Intended Impact (effect of activity / resource on participation rates/progress/ attainment of groups of pupils) and sustainability
Strand 1 Strand 2 Strand 4 Strand 5	The engagement of all pupils in regular physical activity is increased by offering activities in curriculum time, dinnertime, after school and within breakfast club using specialist coaches to deliver the activities.	2022-2023 £7,234	The engagement of all pupils in regular physical activity within the school curriculum and during Breakfast club, dinnertimes and during after school clubs. This will enable children to have an opportunity to take part in a variety of sport through intra school sport and National School Competition Games.
Strand 1 Strand 3 Strand 4	Healthy Lifestyles – Change for Life cooking club	£3260	Upskilling staff in providing safe cooking lessons and preparation of food. Children learning life skills in how to lead a healthy lifestyle and the benefits of eating healthy. Encouraging children to eat fruit and veg and having a positive impact amongst family life at home.

Strand 1 Strand 2 Strand 3 Strand 4	Hire a dance teacher to run an after-school club every week from January - July.	£300	A variety of dance activities are offered to all pupils enabling them to try a broader range of activities to participate in. CPD Session for staff to attend. Learn and work with the teacher providing the dance lessons.
Strand 1 Strand 2 Strand 3 Strand 4	A broader experience and range of sports and activities is offered to all pupils. Specialist coach and use of gym for Gymnastics.	£1500	Continuing to strengthen our whole school approach to proving club links for our children to participate outside of school. A specialist gymnastic coach to progress our gifted and talented but also to enable children to come and have ago at a new club in a fantastic facility. CPD for staff to watch and upskill their current knowledge of the topic area. To provide the children with confidence and self-belonging. We have noticed a positive outlook to gymnastics and see children believing in themselves a lot more.
Strand1 Strand 2 Strand 4 Strand 5	Outdoor adventure days  Residential	£3000  2022-2023 £1984	Having an opportunity to take part in activities in a new environment. Enabling children to be able to overcome challenges, decision making, practical problem solving and collaborative learning experiences. Pupils to experience local nature and develop a love for PA outdoor. Work closely with the establishment to create further opportunities to learn and bring back ideas to implement into the school day. Lower key stage 2 will have the opportunity to build relationships away from home and experience outdoor adventurous activities and support personal development, teamwork and resilience.
Strand 1 Strand 2 Strand 3 Strand 4 Strand 5	Learning Resources	2022-2023 £3262	Entire cultural and practical transformation of the way that play is thought about, planned for, resourced, and staffed during playtimes and lunchtimes. Encourage children to respect and work together collaboratively.
Total Spend			£20,170

## Swimming

Swimming is part of the national curriculum and is widely regarded as one of the most effective forms of exercise. Swimming helps to build strength and endurance and improve cardiovascular fitness. We aim to ensure that all of our Year 6 pupils leave school as strong and confident swimmers who understand water safety.

The information below sets out the progress we have made in teaching our pupils to swim and stay safe in water-based environments.

Total number of pupils in Year 4 cohort	63
Number of pupils who can swim a distance of at least 25 metres competently, confidently, and proficiently	21
Number of pupils who can use a range of different strokes effectively	10
Number of pupils who can perform safe self-rescue in different water-based environments	8

## PHYSICAL EDUCATION AND SPORT PREMIUM FUNDING: 2023/2024

For the academic year 2023-2024 the estimated funding is £16,000 plus an additional £10 per pupil in Years 1-6. The school will receive a total of: £ 20,020

The table below indicates how the PE and sport premium funding will be spent and the sustainable impact that it is intended to have in relation to five key strands:

- **Strand 1:** The engagement of all pupils in regular physical activity is increased. (Chief Medical Officer's guidance is for all primary school aged pupils to spend 60 minutes a day engaged in physical activity, of which 30 minutes should be in school)
- **Strand 2:** The profile of PE and sport is raised across the school as a tool for school improvement
- **Strand 3:** All staff have increased knowledge and skills in teaching physical education and sport.
- **Strand 4:** A broader experience and range of sports and activities is offered to all pupils.
- **Strand 5:** There is increased participation in competitive sport.

Strand number	Activity/resource	Expenditure	Intended Impact (effect of activity / resource on participation rates/progress/ attainment of groups of pupils) and sustainability
Strand 1 Strand 2 Strand 4 Strand 5	The engagement of all pupils in regular physical activity is increased by offering activities in curriculum time, dinnertime, after school and within breakfast club using specialist coaches to deliver the activities.	2023-2024 -£7,785	The engagement of all pupils in regular physical activity within the school curriculum and during Breakfast club, dinnertimes and during after school clubs. This will enable children to have an opportunity to take part in a variety of sport through intra school sport and National School Competition Games.
Strand 1 Strand 3 Strand 4	Healthy Lifestyles – Change for Life cooking club	2023-2024 £3300	Upskilling staff in providing safe cooking lessons and preparation of food. Children learning life skills in how to lead a healthy lifestyle and the benefits of eating healthy. Encouraging children to eat fruit and veg and having a positive impact amongst family life at home.

Strand 1 Strand 2 Strand 3 Strand 4	Hire a dance teacher to run an after-school club every week from January - July.	£525	A variety of dance activities are offered to all pupils enabling them to try a broader range of activities to participate in. CPD Session for staff to attend. Learn and work with the teacher providing the dance lessons.
Strand 1 Strand 2 Strand 3 Strand 4	A broader experience and range of sports and activities is offered to all pupils. Specialist coach and use of gym for Gymnastics.	2023-2024 £1000	Continuing to strengthen our whole school approach to proving club links for our children to participate outside of school. A specialist gymnastic coach to progress our gifted and talented but also to enable children to come and have ago at a new club in a fantastic facility. CPD for staff to watch and upskill their current knowledge of the topic area. To provide the children with confidence and self-belonging. We have noticed a positive outlook to gymnastics and see children believing in themselves a lot more.
Strand1 Strand 2 Strand 4 Strand 5	Outdoor adventure days  Residential	£3000  £2040 (Est)	Having an opportunity to take part in activities in a new environment. Enabling children to be able to overcome challenges, decision making, practical problem solving and collaborative learning experiences. Pupils to experience local nature and develop a love for PA outdoor. Work closely with the establishment to create further opportunities to learn and bring back ideas to implement into the school day. Lower key stage 2 will have the opportunity to build relationships away from home and experience outdoor adventurous activities and support personal development, teamwork and resilience.
Strand 1 Strand 2 Strand 3 Strand 4 Strand 5	Learning Resources	2023-2024 £3300	Entire cultural and practical transformation of the way that play is thought about, planned for, resourced, and staffed during playtimes and lunchtimes. Encourage children to respect and work together collaboratively.
Total Spend			£20,950

## Swimming

Swimming is part of the national curriculum and is widely regarded as one of the most effective forms of exercise. Swimming helps to build strength and endurance and improve cardiovascular fitness. We aim to ensure that all of our Year 6 pupils leave school as strong and confident swimmers who understand water safety.

The information below sets out the progress we have made in teaching our pupils to swim and stay safe in water-based environments.

Total number of pupils in Year 4 cohort	79
Number of pupils who can swim a distance of at least 25 metres competently, confidently, and proficiently	To be updated
Number of pupils who can use a range of different strokes effectively	To be updated
Number of pupils who can perform safe self-rescue in different water-based environments	To be updated
Due to covid19 only one of the three classes got their full allocation time. One class had half the time and another class haven't had an opportunity yet to attend the swimming lessons.	To be updated