



Nurturing Today's Young People,
Inspiring Tomorrow's Leaders.

12.05.23

Dear Parents/Carers,

Welcome back to another weekly newsletter. Last week we celebrated His Majesty, The King's Coronation with lots of games, marching, a garden party and pupils sang the national anthem at the end of the way.

Check out our Twitter page [@ThornburyPLA](https://twitter.com/ThornburyPLA) to see what we did to mark the celebration.



Important notice for parents

If you use Dick Lane Motors for parking:

Due to the piling works in the field opposite the main entrance, there will be limited space to park at Dick Lane motors for the next 3 weeks. Please respect that the garage is doing us a huge favour and we kindly ask that you park inside the blue fenced compound and not directly in front of any garage doors. Should there not be a space available in the compound, please find another parking spot elsewhere in the area outside of the school grounds.

Many thanks for your cooperation.

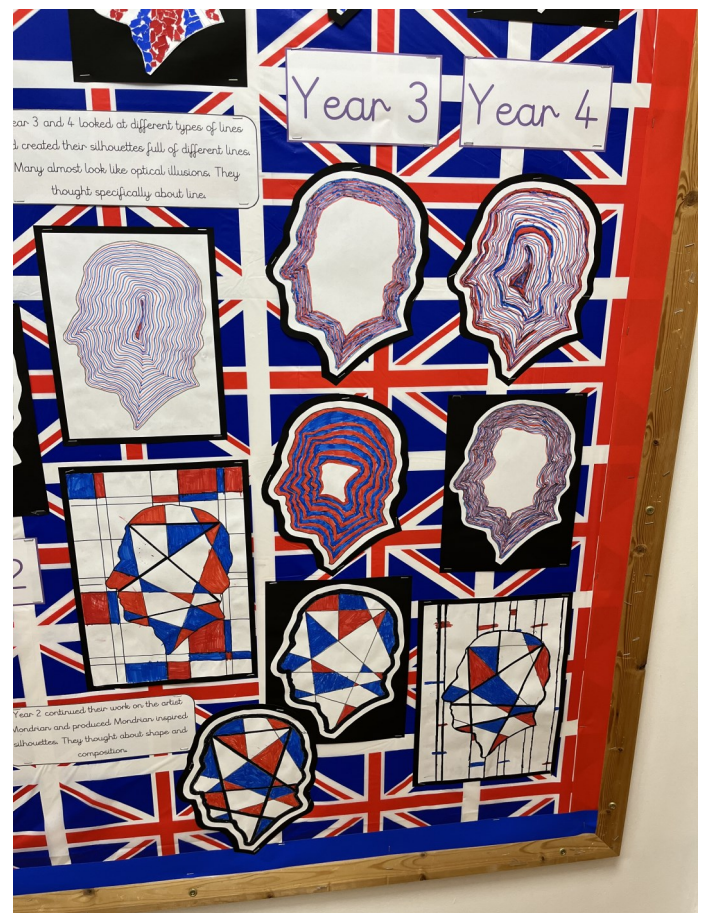


We had a very excited week last week full of celebrations for the Coronation of King Charles! Children participated in amazing activities and we ended the Coronation celebration with a good old fashioned garden party with afternoon tea.





Well done to all for some wonderfully creative artwork all based on the United Flag and the silhouette of King Charles III. It was the coronation on Saturday 6th May. Each year group looked at a different aspect of art. We have a school full of artists!





As you are all aware, we sadly lost a kind and loving pupil at the beginning of January this year.

As a school, we would like to come together as a community and raise money for charity in the memory of our beloved pupil, Izaan Danish.

Our school has looked at a few charity organisations and here are a few ideas that will help us raise funds, i.e., Build a Water Pump in Pakistan, Educate a child in Pakistan and pay for a Peace Garden dedicated to Izaan Danish.

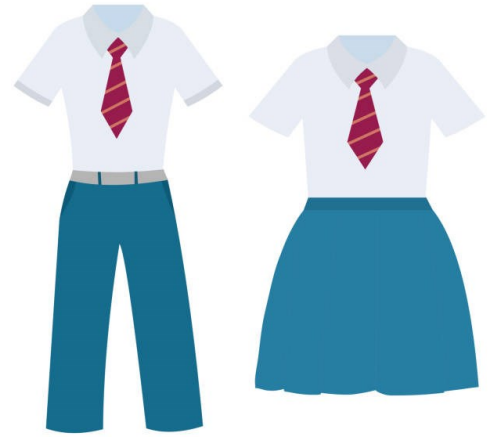
We will be collecting donations at the beginning of school and at home time or alternatively, you can make payments via ParentPay.

All donations are welcome, big, or small. We would like to take this opportunity to thank you all for always supporting us.



Please donate unwanted uniforms

If you have any unwanted school uniform that no longer fits your child, we would appreciate it if you would donate it to us and we will then hand it in to our second hand uniform provision for those who are less fortunate.



Label them uniforms!

We have found lots of lost uniform in school that are unfortunately not labelled. Parents and carers, you can avoid spending unnecessary time and money on replacing your child's uniform if they are labelled.



Late arrivals

Please can we remind you all that if you are running late, you must escort your child into the main school building, even if they are a bit older! This is highly crucial for the sake of their safety and well-being. Unfortunately, our main entrance isn't monitored 24/7, this means that if your child's happens to fall over, staff will not know, and neither will you. We won't be able to go help them unless we know! Please make sure you bring your child in through the main entrance.



Packed lunch

We have noticed a lot of packed lunches do not contain nutritious and filling meals. Please don't send your child in with only snacks. This is not a filling dinner. Your child requires the correct nutrients to help their growing bodies and mind. It will also help them stay focused in class and keep their bellies fuller for longer.



Breakfast club



We all know that breakfast is an important meal because a wholesome breakfast aids to a positive and energetic start to the day. Polite reminder that if your child attends our breakfast club, then please make sure your payments are made on time. It costs **£1 per day and the gates open at 7.45am.**

Shine Time - Next half term

You may have read up about our Shine Time in previous newsletters, we have had to cancel this due to assessment. We are hopeful to introduce this again in Summer Term 2. Shine Time is an opportunity for parents to celebrate your child's learning, a chance to see how well your child is achieving, look at work in books, join in some classroom activities and it is also a special time to allow your child to shine! We will be sending out a letter soon with further information including dates/times. We look forward to welcoming you into an insight of our wonderful school/learning.



Healthy eating

Our school is driven to ensure the positive mental and physical health of our pupils, therefore we regularly monitor packed lunches. Recently, we have noticed a rapid rise in the quantity of unhealthy snacks being brought in to school for dinner time.

As a healthy school, we encourage children to bring fruit, a cereal bar or have a piece of bagel for snack time. We do not allow crisps, chocolate biscuits or chocolate cereal bars at snack time. Foods that are high in salt and sugar contribute to tooth decay and poor concentration in lessons. For healthier packed lunch ideas, please visit: <https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

Statistics show that when families make healthy swaps, they can save a great deal of money and provide a more nutritious lunch that improves concentration in lessons.



This weeks attendance figures

Nursery AM	83.89%
Nursery PM	95.35%
Rec HCA	89.52%
Rec Mem Fox	91.30%
1 Darwin	98.57%
1 Goodhall	91.24%
2 Galileo	95.07%
2 Mathai	94.76%

3/4 Dali	90.48%
3 Matisse	95.71%
3 Kahlo	95.24%
4 Hockney	94.29%
4 Warhol	94.29%

5 Ijliya	90.68%
5 Nobel	88.31%
5 Shaw	87.66%
6 Anderson	97.24%
6 Singh Bhatti	97.7%

Punctuality

Just a polite reminder that our front and back gates will close at **8.27** every morning to allow classes to start promptly at **8.30**. Anyone arriving after this time will be directed around to the main reception to sign in as late. Please plan your journeys to school accordingly.

Thank you.

A reminder of our STAR Values...

Service - Being a responsible citizen in our community.

Teamwork - Working together for excellence.

Ambition - Aspiring to be our best.

Respect - Treating others as we wish to be treated.



Next Week's Menu - Week 1

WEEK 1	MONDAY <small>MEAT FREE</small>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Quorn Sausage Pasta Bake Served with Garlic Bread	Chef's Homemade Beef Lasagne Served with Garlic Bread	Halal Chicken Tikka Masala With accompaniments	Chef's Fish of the day	Tandoori Chicken Pizza or Pepperoni Pizza (Both Halal)
VEGETARIAN MAIN DISH	Quorn Nuggets	Southern Fried Quorn Burger Served in a Soft Bun	Vegetarian Cottage Pie		Cheese & Tomato Pizza
ACCOMPANIMENTS <small>5 A.M.P.</small>	New Potatoes Baked beans Carrots Assorted Mixed Salad Coleslaw	New Potatoes Seasonal Vegetables Garlic Bread Assorted Mixed Salad Coleslaw	Rice & Raita Naan Bread or Chapati Assorted Mixed Salad	Chips Baked beans Assorted Mixed Salad Coleslaw	Potato Wedges Seasonal vegetables Baked Beans Tomato sauce
SNACK MENU	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Assorted Sandwiches/Wraps	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Assorted Sandwiches/Wraps	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Assorted Sandwiches/Wraps	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Sandwiches/Wraps	Jacket Potato with Cheese/Tuna or Beans Cheese Panini
MAIN DESSERT	Iced Finger Bun	Treacle Sponge Served with Custard	Bun	Fresh Fruit Salad served with Ice Cream <small>5 A.M.P.</small>	Chef's Cookie of the Day
COLD DESSERT	Cheese, Biscuits & Grapes Selection of Yoghurts Selection of Fresh Fruit, Watermelon and Grapes	Fruit Cheesecake Selection of Yoghurts Selection of Fresh Fruit, Watermelon and Grapes	Jelly Selection of Yoghurts Selection of Fresh Fruit, Watermelon and Grapes	Chef's Cookie of the Day Selection of Yoghurts Selection of Fresh Fruits, Watermelon & Grapes	Selection of Yoghurts Selection of Fresh Fruit, Watermelon and Grapes

Useful links

- Link for school uniform

[Uniform - Thornbury Primary Leadership Academy](#)

- Link for school holidays 22/23

[Term Dates - Thornbury Primary Leadership Academy](#)

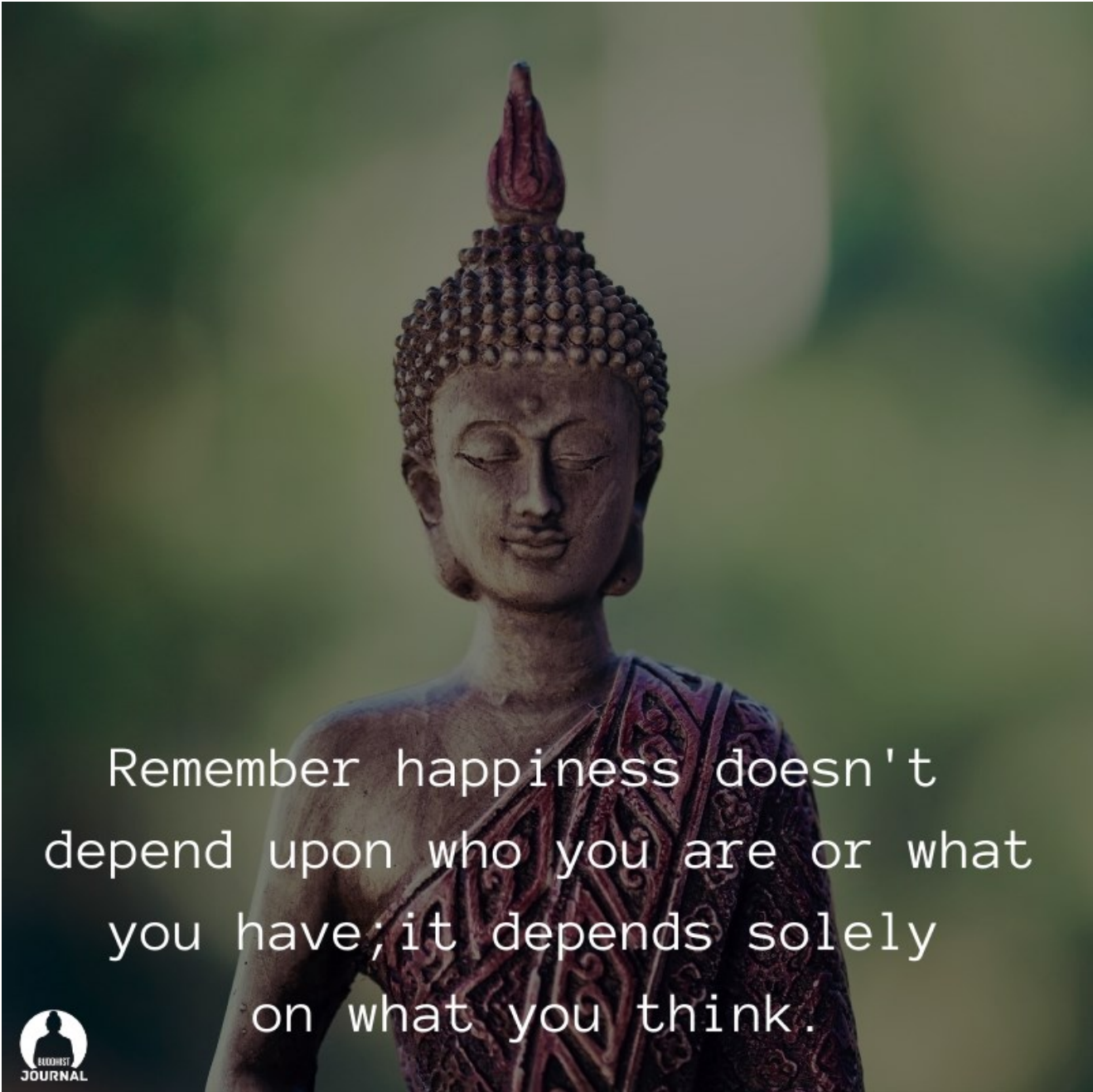


Dairy Dates

- Tues 16th - Handwash session with Nursing team for Reception .
- Tues 16th - Year 6 trip to Eden Camp.
- Wed 17th - Police/BCFC Community visiting Y6 .



Leadership thought of the week:



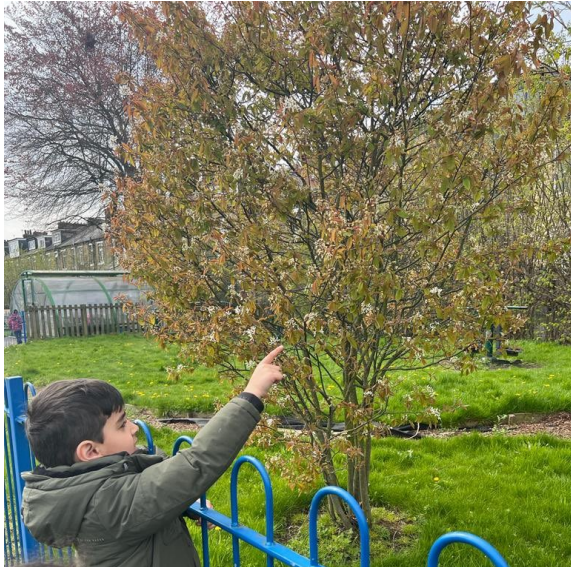
Remember happiness doesn't depend upon who you are or what you have; it depends solely on what you think.



Word of the week:



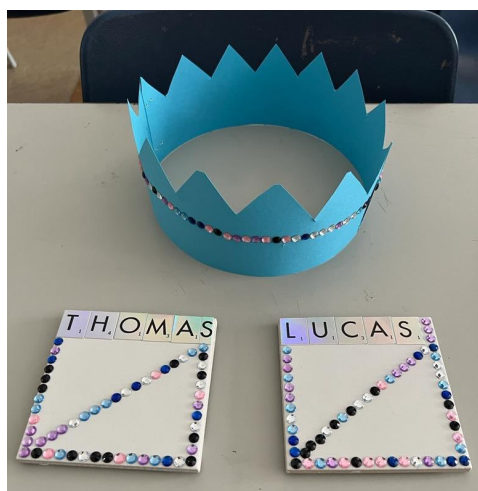
What a beautiful spring walk. It is great to see new life all around school and so many signs of spring. Children in reception have loved sending in photos of their own plants and garden from home too.



Our gardening club have been busy planting and getting ready for summer - watch this space for Thornbury in Bloom!



We made personalised coasters and crowns in art club. Look how sparkly and bedazzled they look!



Meaningful May 2023

MONDAY

1 Do something kind for someone you really care about

8 Set yourself a kindness mission to help others today

15 Do something to contribute to your local community

22 Find a way to help a project or charity you care about

29 Today do something to care for the natural world



TUESDAY

2 Focus on what you can do rather than what you can't do

9 What values are important to you? Find ways to use them today

16 Show your gratitude to people who are helping to make things better

23 Recall three things you've done that you are proud of

30 Share a quote you find inspiring to give others a boost



WEDNESDAY

3 Take a step towards an important goal, however small

10 Be grateful for the little things, even in difficult times

17 Find a way to make what you do today meaningful

24 Make choices that have a positive impact for others today

31 Find three reasons to be hopeful about the future

THURSDAY

4 Send your friend a photo from a time you enjoyed together

11 Look around for things that bring you a sense of awe and wonder

18 Send a hand-written note to someone you care about

25 Ask someone else what matters most to them and why



FRIDAY

5 Let someone know how much they mean to you and why

12 Listen to a favourite piece of music and remember what it means to you

19 Reflect on what makes you feel valued and purposeful

26 Remember an event in your life that was really meaningful



SATURDAY

6 Look for people doing good and reasons to be cheerful

13 Find out about the values or traditions of another culture

20 Share photos of 3 things you find meaningful or memorable

27 Focus on how your actions make a difference for others



SUNDAY

7 Make a list of what matters most to you and why

14 Get outside and notice the beauty in nature

21 Look up at the sky. Remember we are all part of something bigger

28 Do something special and revisit it in your memory tonight



ARE YOU FEELING LOW OR ISOLATED?

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**Are you feeling isolated,
experiencing low mood or
have a diagnosed
Mental Health condition?**

COME JOIN OUR

Rahat **WOMEN & GIRLS COMMUNITY PROJECT**

**We provide a safe & non-judgemental space for
women & girls to come together & engage
in a range of keep well activities.**

**Come join our group and learn how to foster a deeper sense of self-worth.
You can join a network of women and girls and make long lasting friendships.**

**The Rahat project team believe that by offering readily accessible,
culturally sensitive and meaningful community
support interventions will
result in better health outcomes for this group of women.**



**LET'S TALK OPENLY
ABOUT MENTAL HEALTH**

SPONSORED BY:
 **COMMUNITY
FUND**

**YOU CAN CONNECT WITH US VIRTUALLY OR
DROP IN TO OUR VENUE:**

QUAKER MEETING HOUSE | RUSSELL ST | BD5 0JB



**More information call us
07943242693**

FIND OUT MORE:

VISIT OUR WEBSITE
www.cephuscommunityalliance.org





BRADFORD
COMMUNITY ALLIANCE CIC

Pahat

Classes now open for referrals!

Join our classes and improve your skills and career prospects!

- English confidence building
- IT class for beginners
- Employment Support
- Healthy Lifestyle

***Days and times TBC**



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QUAKER MEETING HOUSE | RUSSELL STREET | BD5 0JB



BRADFORD
COMMUNITY ALLIANCE CIC

Rahat

WOMEN & GIRLS COMMUNITY PROJECT

کیا آپ پریشان رہتے ہیں؟
کیا آپ اداسی محسوس کرتے ہیں؟
کیا آپ بلا وجہ روتے ہیں؟
یہ دماغی بیماری کی علامات ہو سکتی ہیں۔
راحت پروجیکٹ مدد کے لیے حاضر ہے، ہمارے گروپ میں شامل ہوں اور اپنی صحت کو بہتر بنانا سیکھیں
مزید معلومات کے لیے ہمارے نمبر پر کال کریں



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ABOUT MENTAL HEALTH**



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QUAKER MEETING HOUSE | RUSSELL ST | BD5 0JB

Are you the parent or carer of a child or young person aged 5-19 years who needs some basic health advice and support?



Bradford District Care
NHS Foundation Trust

We can support around the following:

- Diet and nutrition
- Healthy lifestyle
- Healthy relationships
- Night-time bedwetting
- Emotional wellbeing
- Growth and development
- Sleep issues

and much more...

The School Nurse Team Drop-in service will be available at **Barkerend Children's Centre** on the following dates:

Thurs 4th May, 9.30-11am

Thurs 1st June, 9.30-11am

Thurs 6th July, 9.30-11am

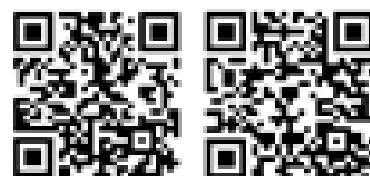
Thurs 3rd August, 10-1pm

Thurs 7th September, 9.30-11am

Thurs 5th October, 9.30-11am



Follow us on social media:



@bdcnhs

@bradfordnursingteam