

Thornbury Primary Leadership Academy

9.06.23

Nurturing Today's Young People, Inspiring Tomorrow's Leaders

We welcome you back after a lovely half term break. We hope you enjoyed your holidays! We have approached our final term for this academic year. We are looking very forward to making this term fabulous and full of exciting learning. Every week, we will be sharing our adventures with you, but you can also visit our Twitter page @ThornburyPLA.

Please can we remind parents to be considerate of those who live around us and their properties/ driveways when parking. We request you to park in a safe place leaving room for plenty of access.

Thank you.



Uniform selling event (Pop up shop)

We'll be approaching that time of the year again where parents may need to purchase school uniforms for the new academic year. **Our uniform pop-up shop will be held in the school hall on** <u>Tuesday 18th July 2023</u> from 2.30pm to 5.30pm.

This will give you and your child the chance to try on or even purchase your child's school uniform for Sept 23. You will be able to have the full uniform fitting experience. The full range of branded school uniform and sports kit items will be available in all stocked sizes.

Portable changing rooms will be available and Stevensons staff will be on hand to take measurements and provide advice on sizing. Items can be purchased at the event and taken away on the day, or pupils can try on items to check sizes and then order online at a later date. Payments are to be made via card. We will be sending letters out with further information next term. Thank you.







Lost property bucket

We have a lost property bucket in the main office. If your child has lost anything, please come after school to check otherwise you can ask your child's class teacher. **Always remember to label your child's clothing items.**





The sun is shining!

As the weather is getting warmer, please can we advice all parents to send their child to school with a water bottle to keep your child hydrated and refreshed throughout the day. Please remember to use good sunscreen and for children to wear hats when outside. We are happy for children to bring hats to school to wear at break and lunchtimes.





Appointments

If you are taking your child to any appointments then please try and make these out of school time. We understand that this isn't always possible so please let the school office know in advance if you have one so we can ensure that children only miss the minimum amount of time and are also ordered a dinner for that day if needed. We request you to show us proof of appointment so that we can authorise the absence.



Food for life

We have joined the food for life campaign which will support our school to improve health, wellbeing and motivation of our pupils. We are aiming for the bronze award, this is a fantastic opportunity to provide healthy school meals, great lunchtime and food education which will have a positive impact on our pupils. For further information, please visit: <u>Schools Award -</u> <u>Food for Life</u>

As children grow and develop, they need important nutrients to be strong and heathy. Some of the benefits of healthy eating include:

- Stable energy
- Strong bones and teeth
- Improve mental health: Makes us think clearly and be more alert
- Maintaining a healthy weight
- Preventing chronic disease



Eating too much sugar can contribute to weight gain and tooth decay, so it's important to avoid giving your child too much sugar.

The maximum recommended sugar intake for children is:

- four to six years old: no more than 19g per day
- seven to 10 years old: no more than 24g per day
- from 11 years old: no more than 30g per day



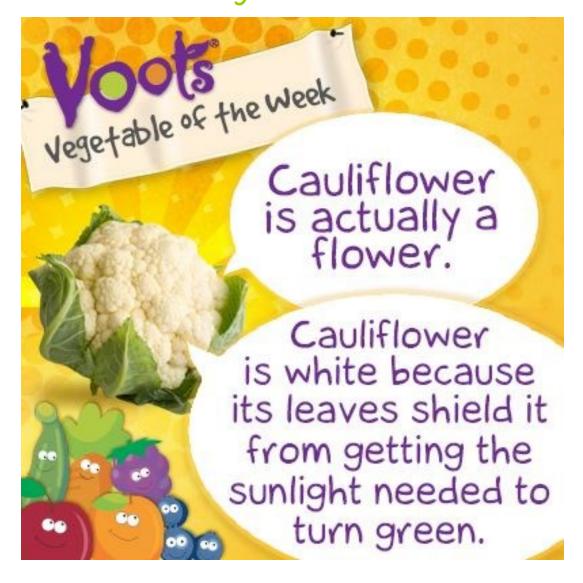




Next week's menu - Week 2

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main DiSh	Pasta Bar with Quorn Bolognaise, Cheesy Broccoli Or Vegetable & Tomato Basil	Homemade Halal Chicken Burger Served in a soft bun	Halal Chilli Chicken	Chef's Fish of the Day	Tandoori Chicken Pizza Or Pepperoni (Both Halal)
VEGETARIAN MAIN DIS H	Quorn Hot Dog Hot Pot	Sticky Vegetable Noodles	Mixed Bean Casserole Served with Diced Herby Potatoes		Cheese & Tomato Pizza
ACCOMPANIMENTS	Garlic Bread New Potatoes Assorted Mixed Salad	Diced Potatoes Raita or Tomato sauce Assorted chopped Salad	Rice Tomato Sauce Cucumber Raita	Chips Baked Beans Assorted Mixed Salad Coleslaw	Potato Wedges Seasonal Vegetables Baked Beans Tomato Sauce
snack menu	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Assorted Sandwiches/Wraps	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Assorted Sandwiches/Wraps Halal Chicken Panini	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Assorted Sandwiches/Wraps	Jacket Potato with Cheese/Tuna or Beans Cheese Panini Sandwiches/Wraps	Jacket Potato with Cheese/Tuna or Beans Cheese Panini
MAIN DESSERT	Viennese Whirls	Strawberry Jelly Whip	Chocolate Crunch	Crunchy Oat and Apple	Fruity Flapjack
COLD DESSERT	Cheese, Biscuits & Grapes Selection of Yoghurts Selection of Fresh Fruit Watermelon & Grapes	Jelly Selection of Yoghurts Selection of Fresh Fruit Watermelon & Grapes	Chef's Cookie of the Day Selection of Yoghurts Selection of Fresh Fruit Watermelon & Grapes	Selection of Yoghurts Selection of Fresh Fruit Watermelon & Grapes	Selection of yoghurts Selection of Fresh Fruit Watermelon & Grapes

Did you know?



Useful links:



Healthier Families - Home - NHS (www.nhs.uk)

Lunchbox ideas and recipes – Healthier Families - NHS (www.nhs.uk)

Eating a balanced diet - NHS (www.nhs.uk)

What to feed young children - NHS (www.nhs.uk)

healthy family, HAPPY LIFE

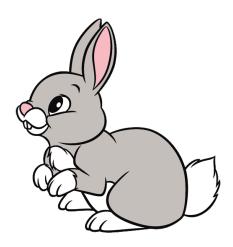
Oral hygiene

- Brush at least twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and at least on 1 other occasion.
- Use children's fluoride toothpaste containing no less than 1,000ppm of fluoride (check label) unless a dentist advises family toothpaste containing between 1,350ppm and 1,500ppm fluoride.
- Use only a pea-sized amount of toothpaste.
- Spit out after brushing and don't rinse if you rinse, the fluoride won't work as well.



Hunny bunny

Reception have a cuddly little bunny, he is extremely friendly, soft and a good friend! He always needs a home on the weekends. If you are interested in helping us out, please speak to the main office or Miss O'Dowd in Early Years. You will need a car as his cage is quite large. We will provide everything he needs for the weekend. Thank you!



Events for summer term 2

- World Environment Day 5.6.23
- World Ocean Day 8.6.23
- Father's Day 18.6.23
- National Writing Day 21.6.23
- National School Sport week 19.6.23
- International Women in Engineering Day 23.6.23
- Armed Forces Day 24.6.23
- Sky Arts Week 19th -23rd June
- National Hygiene week 3.7.23
- Eid 28-30.6.23
- World Youth Skills Day 15.7.22







84.12%
94.83%
94.92%
95.69%
92.5%
92.74%
92.8%
95.42%

This weeks attendance figures

3/4 Dali	100%
3 Matisse	90.83%
3 Kahlo	94.17%
4 Hockney	95.83%
4 Warhol	93.33%

5 Ijliya	89.20%
5 Nobel	90.76%
5 Shaw	92.71%
6 Anderson	88.11%
6 Singh	94.76%
Bhatti	

Hay fever

As we enter the summer season children with hay fever can find this time of year difficult, symptoms can make them uncomfortable.

Symptoms include:

- Runny nose
- sneezing
- Itchy or watery eyes
- Coughing

Hay fever is sometimes mistaken for a summer cold, but the tell-tale symptom is itching. This suggests hay fever rather than a virus. Also, the discharge from the nose is clear and watery with hay fever, rather than green or yellow, as it is with a cold. Thankfully, hay fever is manageable for most children using over the counter antihistamine medication. If your child has a severe reaction, it may be necessary to speak to a pharmacist or doctor. Though hay fever can cause discomfort it is not an illness, unless the reaction is severe, antihistamine should be administered, and your child brought in to school where we will be happy to monitor them and contact you if there are any concerns.



Trips - Summer Term 2

Below is a list of the following trips that will be taking place throughout Summer Term 2:

Date	Location	Year	Cost
Tuesday 6 th June	Nell Bank	Reception	£10.00
Thursday 8 th June			
Wednesday 7 th June	None-go-bye Farm	Nursery	£4.00
Wednesday 14 th -June to	Ingleborough Hall – Residential	Years 3 & 4	£80.00
Friday 16 th June			
Friday 16 th June	Bradford University – Literacy Festival	Year 6	FREE
Monday 19 th June	Bradford University – Literacy Festival	Year 4H	FREE
Wednesday 21 st June	Bradford University – Literacy Festival	Year 5	FREE
Thursday 22 nd June	St George's Hall – Bradford Literacy Festival	Year 6	FREE
Monday 26th June	Bradford University – Literacy Festival	Year 4W	FREE
Tuesday 27 th June	Bradford University – Literacy Festival	Year 3	FREE
Tuesday 27 th June	Pudsey Train Station	Reception	FREE
Tuesday 11 th July			
Wednesday 28 th June	Cannon Hall Farm	Year 3	£7.50
Tuesday 4 th July	Keasden Head Farm	Year 5	£5.00
Tuesday 18 th July			
Wednesday 5 th July	Cannon Hall Farm	Year 3	£7.50
Thursday 6 th July	Sundown Adventureland	Year 1	£10.00
Thursday 13 th July			
Monday 10 th July	Filey	Year 2	£8.00
Tuesday 11 th July	Filey	Year 4	£8.00
Monday 17 th July	Go Ape	Year 6	£10.00
Wednesday 19 th July	Cannon Hall Farm	Years 3 & 4	£7.50

Please remember to pay off any outstanding balance to ensure all trips go ahead. Thank you for your support.

Leadership thought of the week:



"A friend may be waiting behind a stranger's face." - Maya Angelou

Word of the week:

friendship→

Dates for your diary:

- Tues 13th Nursery stay and play
 Wed 14th Fri 16th Ingleborough Hall Residential
- Wed 14th 5th Anniversary of the Grenfell Tower tragedy
- Wed 14th Early Help Coffee Morning in Team Zone
- Fri 16th Y6 at Literacy Festival
- Fri 16th Priesthorpe transition meetings with Y6
- Wed 19th June Reception stay and play for new to Thornbury children



World Ocean Day 8th June

Wow look at these yummy ocean themed treats that our pupils enjoyed on World Ocean Day. Together we can save our beautiful ocean to see the future. Happy World Ocean Day!





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Reception had a fantastic day at Nell Bank. They learned how to look after our environment and habitats and what lives in our woodland areas and how to keep them clean We even saw a newt and an animal skeleton!









Baking club had fun making chocolate chip cookies!











SUMMER FAYRE

SATURDAY 17TH JUNE

10AM - IPM

* Free Entry *

Stalls . Food . Games . Face Paint . Music . Teas & Cakes . Nail Art . Arts & Crafts

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SCHOOL TERM AND HOLIDAY DATES

2023 - 2024

(All dates are inclusive)

AUTUMN TERM 2023

Staff Inset Day - 1	Monday 4 th September 2023
Re-open (for students) on	Tuesday 5 th September 2023
Mid Term Closure	Monday 23 rd October - Friday 27 th October 2023
Closure after school on	Friday 15th December 2023
Christmas Holiday	Monday 18 th December – Monday 1 st January 2024

Number of openings

34 + 35 = 69

SPRING TERM 2024

Staff Inset Day - 2	Tuesday 2 nd January 2024
Re-open on (for students) on	Wednesday 3 rd January 2024
Mid Term Closure	Monday 12 th February - Friday 16 th February 2024
Closure after school on	Thursday 28 th March 2024
Easter Holiday	Friday 29 th March – Friday 12 th April 2024
('Eid ul Fitr 1445*)	(Wednesday 10 th April 2024)

Number of openings

28 + 29 = 57

SUMMER TERM 2023

Re-open on	Monday 15 th April 2024
May Day Closure	Monday 6 th May 2024
Mid Term Closure	Monday 27 th May - Friday 31 st May 2024
'Eid ul Adha 1445* holiday	Monday 17 th and Tuesday 18 th June 2024
Closure after school on	Tuesday 23 rd July 2024
Number of openings	29 + 35 = 64
TOTAL NUMBER OF OPENINGS	190

Staff Insets : two full days and six twilight sessions * Please note – 'Eid holidays may be revised slightly depending upon sighting of the new moon

Thornbury Primary LA, Bradford - final (August 2022)